



## **THE 3<sup>rd</sup> EUROPEAN SCHOOL NETWORK FOOD SEMINAR "ALL AROUND THE TABLE" - SARNICO, ITALY - 14-21 MARCH 2015 REPORT**

The third ESN food seminar "All Around the Table" was held at "Istituto Riva", Sarnico, Italy from the 14<sup>th</sup> to the 21<sup>st</sup> March 2015. Thirty students coming from 4 different countries and six schools took part to the project with their presentations, posters, stands. They shared their work with most of the students and teachers of our hosting school.

The aim of the project was to let the students reflect on one of the most relevant aspects of life: food and its relationship with culture in its manifold sides. Istituto Riva got students and teachers together to share their projects and food culture.

The ESN Mission Statement, contains the overall aims of the seminar:

- to create an inspiring, open and safe environment for friendships between schools and students from all over Europe;
- to increase mutual understanding in order to improve the quality of our schools and sustain peace and welfare in Europe;
- to stimulate the finding of a common ground and respect for the diverse cultural values.

Since September 2012, Istituto "Riva" has started a new hotel and catering school, which allowed the host school to involve its young pupils to cook and cater those who were involved in the project. All the students were hosted in local students' families. The teachers in a guest house near the school.

**SCHOOL NAMES, PARTICIPANTS, PROJECTS AND PROGRAM**

	ESN		Project Students	Project Title	Project Advisor
	Country/City	Name of the School	Name Surname		Name Surname
1	TURKEY / Istanbul	Istek Belde School	SENA YAZİCİ	Sweet tastes of Turkey: UN HELVASI – Wheat Flour Halva	Zuhal Sezgin
			SENA PALA		
			MERT OZAN AKYILDIZ		
			ALPCAN OZBEKREM	Sweet tastes of Turkey: SALEP	
			LARISSA TEZMAN		
			ALARA TEZCAN		
2	TURKEY / Istanbul	Istek Atanur Oğuz School	DENİZ ESRA ABAY	Food psychology	Belma Karal
			SAIT BUGRA SIRAZI		
			IDİL GUVEN	Pros and Cons of GMO	
			SINAN BORA SELVAN		
3	FRANCE / Gignac	Saint Louis Sainte Marie	CLAIRE GARNIER	A quick way to make good French bread	Bernadette Sotgiu
			FIONA DEJEAN		
			LISE COLIN		
4	FINLAND / Nokia	Nokian Lukio	İNÄ SALONEN	Healthy food and lyfe style	Liisa Teiri
			İDA METSO		
			HETA LEHTONEN	The best of Finnish food	
			JULIA MALMI		
5	FINLAND / Lempaala	Lempalaa Senior Secondary Scool	UULI AALTONEN	Wild food for everyone	Eva Gullsten
			LOTTA BLOMQVIST		
6	FINLAND / Kangasala	Kangasala Lukio	MAIJA RAHKONEN	Winter fishing	Irene Passila
			AİNO MATTSSON		
			ANNUKKA VÄG	Finnish bread	
			ESSİ KUJALA		
7	ITALY / Sarnico	Istituto Riva	IVAN BELOTTI	Km 0: our classmate's farm and cheese	Domenico Lomele
			SARA BELOMETTI		
			LUCA BRENO	Let's have our ice-cream!	
			ALFEO SAVOLDI		
			STEFANO PESSANI	What's on our plate?	Immacolata Masullo
			MAURO VIVIANI		
KHAIRA JASKARAN					

Day	Activities	Time	Place
<b>Saturday 14<sup>th</sup> March 2015</b>	Arrivals Meeting with host families and students' accommodation Tutors' accommodation at B&B "Cascina Oglio"	all day	Bergamo (Orio al Serio Airport)
<b>Sunday 15<sup>th</sup> March 2015</b>	- Sunday in an Italian family - Guest students will spend a typical Sunday in their host families - Tutors' transfer to B&B "Il Battello"	all day	
<b>Monday 16<sup>th</sup> March 2015</b>	Host students arrive at school and meet each other	08:00-09:00	Auditorium
	Opening and welcome ceremony	09:00-09:30	Auditorium
	Projects Presentation (first session)	09:30-10:30	Auditorium
	<i>coffee break</i>	10:30-10:50	School café
	Projects Presentation (second session)	10:50-12:30	Auditorium
	Lunch (group A)	12:30-13:15	Dining room
	School tour and orientation (group B)	12:30-13:15	School
	Lunch (group B)	13:30-14:15	Dining room
	School tour and orientation (group A)	13:30-14:15	School
	Discovering Sarnico	14:30-16:00	School-Sarnico
	Students go back to their host families	16:00	School
Welcome dinner for guest teachers, principal, school staff, local authorities	19:30	School Dining room	
<b>Tuesday 17<sup>th</sup> March 2015</b>	Projects Presentation (third session)	08:00-10:30	Auditorium
	<i>coffee break</i>	10:30-10:50	School café
	Projects Presentation (third session)	10:50-12:30	Auditorium
	Lunch (group B)	12:30-13:15	Dining room
	Posters and projects display in the school lobbies (group A)	12:30-13:15	School lobbies
	Lunch (group A)	13:30-14:15	Dining room
	Posters and projects display in the school lobbies (group B)	13:30-14:15	School lobbies
	Guided tour to BERGAMO ALTA	14:30 - 18:00	School
	Students go back to their host families	18:00	School
Free evening for tutors	-		
<b>Wednesday 18<sup>th</sup> March 2015</b>	Posters display presentation to visiting students	08:00-10:30	school lobbies
	<i>coffee break</i>	10:30-10:50	School café
	<i>Mother Earth</i> – small groups	10.50-12:30	Auditorium
	Lunch (group A)	12:30-13:15	Dining room
	Posters display presentation to visiting students (group B)	12:30-13:15	School lobbies
	Lunch (group B)	13:30-14:15	Dining room
	Posters display presentation to visiting students (group A)	13:30-14:15	School lobbies
	Free afternoon and dinner in host family		
Dinner with guest teachers at <i>Il Battello</i>	20:00	B&B IlBattello	
<b>Thursday 19<sup>th</sup> March 2015</b>	Nature hike in Montisola – Another life is possible: meeting with a special family	08:00 –17:00	School - Montisola
	Students go back to their host families	17:00	School
	Free evening for tutors		
<b>Friday 20<sup>th</sup> March 2015</b>	Brescia: tour of the Old Town. Visit to the exposition "Food in the Arts", Palazzo Martinengo - Packet lunch	08:00 - 15:00	Brescia
	Back to the school building	15:00	
	Students go back to their host families	15:00	
	Goodbye meeting for the people involved in the seminar	19.30	Auditorium
<i>All Around The Table</i> : International dinner with students, teachers, host families, principal, local authorities, staff	20:30	School lobby Gym	
<b>Saturday 21<sup>st</sup> March 2015</b>	Departures	From 07:30	School